

If you are working with someone with health care needs, they may benefit from completing a hospital passport. They can help improve communication with health care professionals and reduce stress for the passport holder.

There are a number of different options available, depending on an individual's personal circumstances.

Please find below a number of examples.

Neurodiversity Passport

Buckinghamshire, Oxfordshire and Berkshire West Integrated Care system have created a Neurodiversity Passport. You can view it here:

<https://www.oxfordhealth.nhs.uk/wp-content/uploads/2024/10/neurodiversity-passport.pdf>

National Autistic Society – My hospital passport

'My Hospital Passport' is a resource for people with autism who might need hospital treatment.

<https://www.autism.org.uk/about/health/hospital-passport.aspx>

Alzheimers Society – This is me

'This is me' is a simple leaflet for anyone receiving professional care who is living with dementia or experiencing delirium or other communication difficulties. A support tool to enable person-centred care. 'This is me' can be used to record details about a person who can't easily share information about themselves. For example, it can be used to record:

- a person's cultural and family background
- important events, people and places from their life
- their preferences and routines.

The leaflet can be used in any setting – at home, in hospital, in respite care or in a care home.

<https://www.alzheimers.org.uk/get-support/publications-factsheets/this-is-me>

Personal health template – special educational needs and disabilities

<https://www.norfolk.gov.uk/children-and-families/send-local-offer/advice-and-support/local-offer-for-children-and-young-people/my-health/your-health-record>

Local hospital passports

James Paget hospital

<https://www.jpaget.nhs.uk/media/62572/Hospital-passport.pdf>

Queen Elizabeth hospital (King's Lynn)

<https://www.gehkl.nhs.uk/Carers-HospitalPassport.asp?s=information&p=information>

Norfolk and Norwich University hospital learning disabilities hospital passport

<https://nwknowledgenow.nhs.uk/wp-content/uploads/2024/06/NNUH-hospital-passport.pdf>
